

Lap Pool Schedule | December 15th - 21st

Christmas Break Schedule runs December 22nd - January 4th

Updated 12/12/2025

MON Silver Sneakers In House PS Arth Open Lanes 5 2 2 6:00 - 7:55am 8:00 - 9:00am 9:00 - 10:00am 10 Silver Silver	:00am - 12:00pm thritis Exercise 2 10:00 - 11:00am qua Aerobics 3	Family Sv 3 12:00 - 12:45pm Lap Swim 5 11:15am - 12:45pm Lap Swim 5	12:45 - 3:00pm Pool Closed 0 12:45 - 3:00pm Pool Closed 0	3:00 - 4:30pm Swim Team	Swim 1 (lane v 4:40 - 6:30pm Swim Lessons	8:30pm Team N/ steps) 6:30 - 7:30pm Lap Swim	7:30 - 8:30pm Swim Team
MON 6:00 - 7:55am 8:00 - 9:00am 9:00-11:00am 11:00am Lap Swim Silver Sneakers In House PS Arth Open Lanes 5 2 2 TUE 6:00 - 7:55am 8:00 - 9:00am 9:00 - 10:00am 10 Lap Swim Silver Sneakers Lap Swim Accepted	thritis Exercise 2 10:00 - 11:00am qua Aerobics 3	12:00 - 12:45pm Lap Swim 5 11:15am - 12:45pm Lap Swim	Pool Closed 12:45 - 3:00pm Pool Closed	Swim Team	Swim 1 (lane v 4:40 - 6:30pm Swim Lessons	Team w/ steps) 6:30 - 7:30pm	·
MON Silver Sneakers In House PS Arth Open Lanes 5 2 2 TUE 6:00 - 7:55am Silver Sneakers 8:00 - 9:00am Silver Sneakers Lap Swim Accepted Arth	thritis Exercise 2 10:00 - 11:00am qua Aerobics 3	Lap Swim 5 11:15am - 12:45pm Lap Swim	Pool Closed 12:45 - 3:00pm Pool Closed	Swim Team	Swim 1 (lane v 4:40 - 6:30pm Swim Lessons	Team w/ steps) 6:30 - 7:30pm	·
MON Silver Sneakers In House PS Arth Open Lanes 5 2 2 TUE 6:00 - 7:55am Silver Sneakers 8:00 - 9:00am Silver Sneakers Lap Swim Accepted Arth	thritis Exercise 2 10:00 - 11:00am qua Aerobics 3	Lap Swim 5 11:15am - 12:45pm Lap Swim	Pool Closed 12:45 - 3:00pm Pool Closed	Swim Team	Swim 1 (lane v 4:40 - 6:30pm Swim Lessons	Team w/ steps) 6:30 - 7:30pm	·
Lap Swim Sneakers In House PS Arthogonal	2 10:00 - 11:00am Iqua Aerobics 3	11:15am - 12:45pm Lap Swim	0 12:45 - 3:00pm Pool Closed	Swim Team	1 (lane v 4:40 - 6:30pm Swim Lessons	w/ steps) 6:30 - 7:30pm	·
TUE 6:00 - 7:55am 8:00 - 9:00am 9:00 - 10:00am 10	10:00 - 11:00am qua Aerobics 3	11:15am - 12:45pm Lap Swim	12:45 - 3:00pm Pool Closed	Swim Team	4:40 - 6:30pm Swim Lessons	6:30 - 7:30pm	·
TUE Lap Swim Silver Sneakers Lap Swim Ac	qua Aerobics	Lap Swim	Pool Closed	Swim Team	Swim Lessons		·
TUE Lap Swim Silver Sneakers Lap Swim Ac	qua Aerobics	Lap Swim	Pool Closed	Swim Team	Swim Lessons		·
Sneakers Lap Swiffi Ad	3	•			Lessons	Lap Swim	Swim Team
Open Lanes 5 3 3		5	0	1 (311111111111111111111111111111111111111
				1 (lane w/ steps)	1	5	1 (lane w/ steps)
	:00am - 12:00pm	12:00 - 12:45pm	12:45 - 3:00pm		3:00 - 8	8:30pm	
WED Lap Swim Silver Sneakers In House PS Arth	thritis Exercise	Lap Swim	Pool Closed	Swim Team			
Open Lanes 5 2 2	2	5	0		1 (lane v	w/ steps)	
	10:00 - 11:00am	11:15am - 12:45pm	12:45 - 3:00pm	3:00 - 4:30pm	4:40 - 6:30pm	6:30 - 7:30pm	7:30 - 8:30pm
THU Lap Swim Silver Sneakers Lap Swim Ac	.qua Aerobics	Lap Swim	Pool Closed	Swim Team	Swim Lessons	Lap Swim	Swim Team
Open Lanes 5 3 3	3	5	0	1 (lane w/ steps)	1	5	1 (lane w/ steps)
	:00am - 12:00pm	12:00-12:45pm	12:45 - 3:00pm	3:00 - 4:45pm	5:00 - 5:45pm	6:00	- 7:00pm
FRI Lap Swim Silver Lap Swim Arth	thritis Exercise	Lap Swim	Pool Closed	Swim Team	Lap Swim	Swim Team	
Open Lanes 5 2 2	2	5	0	1 (lane w/ steps)	5	1 (lane	w/ steps)
7:00 - 8:55am 9:00am - 12:00pm	12:00 - 3:00pm						
SAT Lap Swim Swim Lessons	Family Swim						
Open Lanes 5 1	3						



Rec Pool Schedule | December 15th - 21st

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_	12:00 - 4:30pm										
SUN	Family Swim										
	9:00 - 11:00am		5:00 - 8:30pm								
MON	In-House Preschool		Open Swim								
	9:00 - 10:00am	10:00am - 12	2:45pm	12:45 - 4:40pm	4:40 - 6:30pm	7:00 - 8:30pm					
TUE In-House Preschool		Open Sv	wim	Pool Closed	Swim Lessons	Open Swim					
	9:00 - 11:00am 11:00am - 8:45pm										
WED	In-House Preschool										
THU	9:00 - 10:00am	10:00 - 11:00am	12:00 - 12:45pm	12:45 - 4:40pm	4:40 - 6:30pm	7:00 - 8:30pm					
	In-House Preschool	Swim Lessons	Open Swim	Pool Closed	Swim Lessons	Open Swim					
	9:00 - 11:00am		5:00 - 6:45pm								
FRI	In-House Preschool		Open Swim								
	9:00am - 12:00pm	12:00 - 3:00pm									
SAT	Swim Lessons	Family Swim									

Lap Swim:

Designated time for green-banded swimmers & patrons above the age of 14 to swim laps/excercise Lane sharing is required

Water Play Features:

May not always be operational during Open Swim times

Will be on during Family Swim

It is the Lifeguard's discretion to turn them off for safety reasons or programming

We strive to ensure the accuracy of this schedule. However, open swim schedule is subject to change without notice.

Important Dates:

Swim Policies

Swim Bands:

ALL swimmers ages 14 and under must have a swim band on before entering the water.

Please stop at the front desk when you check in and get your swimmer's white, red, or green swim band.

1:2 adult to child(ren) ratio. If red-banded swimmers do not pass height test, they are included in the ratio.

Swimmers ages 6 - 14 can test for a green band. Testing will be conducted when extra Lifeguards are available to do so.

supervision:

Parents with children ages 5 years & under must be in the water and within arm's reach of their child. Adult must remain where the water goes no deeper than armpit level on the adult.

Children ages 6-10 must have a parent on the pool deck at all times. We strongly recommend that parents of non-swimmers be in the water within arm's reach of their child, regardless of the child's age.