



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Green YMCA

Winter II (02/21-04/13)

Sports & Youth Programs

Youth Conditioning

Youth conditioning, focusing on strength, core strength, cardiovascular endurance, and balance.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed Speed and Agility	9-18	\$50.00/\$80.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed 5:00 - 5:45pm	3-5	\$50.00/\$80.00

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Ses	Days & Times	Ages	Mem/Program
Winter II	Kg-1st Grade - Mon 5:15-6:15p	4-6	\$95.00/\$130.00
Winter II	Kg-1st Grade - Tues 5:15-6:15p	4-7	\$95.00/\$130.00
Winter II	2nd-3rd Grade - Mon 6:30-7:30p	7-9	\$95.00/\$130.00
Winter II	2nd-3rd Grade - Thurs 5:15-6:15p	7-9	\$95.00/\$130.00
Winter II	4th-5th Grade - Thurs 6:30-7:30p	9-11	\$95.00/\$130.00
Winter II	6th-8th Grade - Tues 6:30-7:30p	11-14	\$95.00/\$130.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed 5:00 - 5:45pm	5-10	\$50.00/\$80.00

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed 6-7pm & Sat 9-10am Mar	5-99	\$40.00/\$55.00
Winter II	Wed 6pm-7pm & Sat 9am-10am Apr	5-99	\$40.00/\$55.00

Wee Movement

Formally "Wee-tumblers". This engaging class focuses on developing children's fine motor skills and sensory abilities through interactive play. Sensory play, including tactile and auditory exercises, further supports sensory processing and exploration in a fun, supportive environment.

Ses	Days & Times	Ages	Mem/Program
Winter II	Thurs 10:15 - 11:00am	1-3	\$50.00/\$80.00

** Parent/child participation class*

Register Online at AKRONYMCA.ORG

(330) 899-9622

3800 Massillon Road, Uniontown, OH 44685



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Group Classes

Self Defense Workshop

This is a participation class taught by a law enforcement officer. Techniques in self defense will be taught to fit a variety of situations and circumstances.

Ses	Days & Times	Ages	Mem/Program
Winter II	Thurs 11:15 - 12:15 - April	10-99	\$30.00/\$50.00
Winter II	Thurs 11:15 - 12:15 - March	10-99	\$30.00/\$50.00

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