



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN GYM SCHEDULE

JANUARY 5, 2026 – FEBRUARY 22, 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------|---|---|---|---|--|--------------------------------------|
| Open Gym 12:00p-4:50p | Open Gym 6:00a-9:00a | Men's Basketball 5:45a-7:30a | Open Gym 6:00a-8:45a | Men's Basketball 5:45a-7:30a | Men's Basketball 5:45a-7:30a | Men's Basketball 7:00a-8:45a |
| Facility Closes at 5 pm | Silver Sneakers Advanced Yoga 9:00a-9:45a | Silver Sneakers Classic 9:00a-9:45a | Senior Core Conditioning 9:00a-9:45a | Silver Sneakers Classic 9:00a-9:45a | Silver Sneakers Yoga 9:00a-9:45a | Taekwondo 9:00a-10:00a |
| | Silver Sneakers Beginner Yoga 10:00a-10:45a | Bootcamp 10:00a-10:45a | Line Dancing 10:00a-10:45a | Open Gym 9:50a-10:15a | Line Dancing 10:00a-10:45a | Basketball League 10:30a-3:30p |
| | Open Gym 10:50a-12:15p | Open Gym 10:50a-11:10p | Open Gym 10:50a-12:15p | Wee Movement 10:15a-11:00a | Open Gym 11:00a-12:15p | Open Gym 3:30p-4:50p |
| | Men's Basketball 12:15p-2:00p | Preschool 11:15a-12:30p | Men's Basketball 12:15p-2:00p | Pickleball 11:15a-2:30p | Men's Basketball 12:15p-2:00p | Facility Closes at 5 pm |
| | Open Gym 2:00p-5:00p | Pickleball 12:30p-2:30p | Open Gym 2:00p-4:50p | Open Gym 2:45p-5:00p | Open Gym 2:00p-7:50p | |
| | Basketball Practice 5:15p-7:30p | ROTC 2:45p-4:30p | Basic Tumbling & Tiny Tumblers 5:00p-5:45p | Basketball Practice 5:15p-7:30p | Facility Closes at 8 pm | |
| | Open Gym 7:30p-8:50p | Open Gym 4:30p-5:00p | Open Gym 6:00p-8:50p | Open Gym 7:30p-8:50p | | |
| | Facility Closes at 9 pm | Basketball Practice 5:15p-7:30p | Facility Closes at 9 pm | Facility Closes at 9 pm | | |
| | | Open Gym 7:30p-8:50p | | | | |
| | | | Facility Closes at 9 pm | | | |

GREEN FAMILY YMCA

3800 Massillon Rd,
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(330) 899-9622

akronymca.org

The Y strives to make
programs and membership
available to all. Financial
assistance may be available
to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

