



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lap Pool Schedule | January 5th - February 22nd

Updated 1/4/2026

SUN	12:00 - 4:30pm						
	Family Swim						
Open Lanes	3						

MON	6:00 - 7:55am	8:00 - 9:00am	9:00 - 11:00am	11:00am - 12:00pm	12:00 - 12:45pm	12:45 - 3:00pm	3:00 - 8:30pm
	Lap Swim	Silver Sneakers	In House PS	Arthritis Exercise	Lap Swim	Pool Closed	Swim Team
Open Lanes	5	2	2	2	5	0	1 (lane w/ steps)

TUE	6:00 - 7:55am	8:00 - 9:00am	9:00 - 10:00am	10:00 - 11:00am	11:15am - 12:45pm	12:45 - 3:00pm	3:00 - 4:30pm	4:40 - 6:30pm	6:30 - 7:30pm	7:30 - 8:30pm
	Lap Swim	Silver Sneakers	Lap Swim	Aqua Aerobics	Lap Swim	Pool Closed	Swim Team	Swim Lessons	Lap Swim	Swim Team
Open Lanes	5	3	3	3	5	0	1 (lane w/ steps)	1	5	1 (lane w/ steps)

WED	6:00 - 7:55am	8:00 - 9:00am	9:00 - 11:00am	11:00am - 12:00pm	12:00 - 12:45pm	12:45 - 3:00pm	3:00 - 8:30pm
	Lap Swim	Silver Sneakers	In House PS	Arthritis Exercise	Lap Swim	Pool Closed	Swim Team
Open Lanes	5	2	2	2	5	0	1 (lane w/ steps)

THU	6:00 - 7:55am	8:00 - 9:00am	9:00 - 10:00am	10:00 - 11:00am	11:15am - 12:45pm	12:45 - 3:00pm	3:00 - 4:30pm	4:40 - 6:30pm	6:30 - 7:30pm	7:30 - 8:30pm
	Lap Swim	Silver Sneakers	Lap Swim	Aqua Aerobics	Lap Swim	Pool Closed	Swim Team	Swim Lessons	Lap Swim	Swim Team
Open Lanes	5	3	3	3	5	0	1 (lane w/ steps)	1	5	1 (lane w/ steps)

FRI	6:00 - 7:55am	8:00 - 9:00am	9:00 - 11:00am	11:00am - 12:00pm	12:00 - 3:00pm	3:00 - 4:45pm	5:00 - 5:45pm	6:00 - 7:00pm
	Lap Swim	Silver Sneakers	Lap Swim	Arthritis Exercise	Lap Swim	Swim Team	Lap Swim	Swim Team
Open Lanes	5	2	2	2	5	1 (lane w/ steps)	5	1 (lane w/ steps)

SAT	7:00 - 8:55am	9:00am - 12:00pm			12:00 - 3:00pm			
	Lap Swim	Swim Lessons			Family Swim			
Open Lanes	5	1			3			



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Rec Pool Schedule | January 5th - February 22nd

Updated 1/4/2026

SUN		12:00 - 4:30pm		
		Family Swim		
MON	9:00 - 11:00am	11:00am - 4:00pm	,4:00 - 6:45pm	
	In-House Preschool	Pool Closed		Open Swim
TUE	9:00 - 10:00am	10:00am - 4:40pm	4:40 - 6:30pm	7:00 - 8:30pm
	In-House Preschool	Pool Closed	Swim Lessons	Open Swim
WED	9:00 - 11:00am	11:00am - 8:30pm		
	In-House Preschool	Pool Closed		
THU	9:00 - 10:00am	10:00am - 4:40pm	4:40 - 6:30pm	7:00 - 8:30pm
	In-House Preschool	Pool Closed	Swim Lessons	Open Swim
FRI	9:00 - 11:00am	11:00am - 12:45pm	12:45 - 7:00pm	
	In-House Preschool	Open Swim	Pool Closed	
SAT	9:00am - 12:00pm	12:00 - 3:00pm		
	Swim Lessons	Family Swim		

Lap Swim:

Designated time for green-banded swimmers & patrons above the age of 14 to swim laps/exercise

Lane sharing is required

Water Play Features:

May not always be operational during Open Swim times

Will be operational during Family Swim

It is the Lifeguard's discretion to turn them off for safety reasons or programming

We strive to ensure the accuracy of this schedule. However, open swim schedule is subject to change without notice.

Important Dates:

Saturday, January 10th:
Pools and Sauna close at noon

Friday, February 13th:
No lap swim 1-3pm

Swim Policies

Swim Bands:

ALL swimmers ages 14 and under must have a swim band on before entering the water.

Please stop at the front desk when you check in and get your swimmer's white, red, or green swim band.

1:2 adult to child(ren) ratio. If red-banded swimmers do not pass height test, they are included in the ratio.

Swimmers ages 6 - 14 can test for a green band. Testing will be conducted when extra Lifeguards are available to do so.

Supervision:

Parents with children ages 5 years & under must be in the water and within arm's reach of their child. Adult must remain where the water goes no deeper than armpit level on the adult.

Children ages 6-10 must have a parent on the pool deck at all times. We strongly recommend that parents of non-swimmers be in the water within arm's reach of their child, regardless of the child's age.