



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN GYM SCHEDULE

APRIL 19, 2026 – MAY 30, 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------------|---|---|---|---|--|------------------------------------|
| Open Gym 12:00p–4:50p | Open Gym 6:00a–9:00a | Men's Basketball 5:45a–7:30a | Open Gym 6:00a–8:45a | Men's Basketball 5:45a–7:30a | Men's Basketball 5:45a–7:30a | Men's Basketball 7:00a–8:45a |
| <i>Facility Closes at 5 pm</i> | Silver Sneakers Advanced Yoga 9:00a–9:45a | Open Gym 7:30a–8:55a | Senior Core Conditioning 9:00a–9:45a | Open Gym 7:30a–8:55a | Open Gym 7:30a–8:55a | Taekwondo 9:00a–10:00a |
| | Silver Sneakers Beginner Yoga 10:00a–10:45a | Silver Sneakers Classic 9:00a–9:45a | Line Dancing 10:00a–10:45a | Silver Sneakers Classic 9:00a–9:45a | Silver Sneakers Yoga 9:00a–9:45a | Open Gym 10:15p–4:50p |
| | Open Gym 10:50a–12:15p | Bootcamp 10:00a–10:45a | Open Gym 10:50a–12:15p | Open Gym 9:50a–10:15a | Line Dancing 10:00a–10:45a | <i>Facility Closes at 5 pm</i> |
| | Men's Basketball 12:15p–2:00p | Open Gym 10:50a–11:10p | Men's Basketball 12:15p–2:00p | Wee Movement 10:15a–11:00a | Open Gym 11:00a–12:15p | |
| | Open Gym 2:00p–8:50p | Preschool 11:15a–12:30p | Open Gym 2:00p–4:50p | Pickleball 11:15a–2:30p | Men's Basketball 12:15p–2:00p | |
| | <i>Facility Closes at 9 pm</i> | Pickleball 12:30p–2:30p | Sporties 4 Shorties & Tiny Tumblers 5:00p–5:45p | Open Gym 2:30p–8:50p | Open Gym 2:00p–7:50p | |
| | | Open Gym 2:30p–4:50p | Tiny Tumblers 5:00p–5:45p | <i>Facility Closes at 9 pm</i> | <i>Facility Closes at 8 pm</i> | |
| | | B-Ball Clinics 5:00p–6:45p | Open Gym 5:50p–8:50p | | | |
| | | Open Gym 6:50p–8:50p | <i>Facility Closes at 9 pm</i> | | | |
| | | <i>Facility Closes at 9 pm</i> | | | | |

GREEN FAMILY YMCA

3800 Massillon Rd,
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(330) 899-9622

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

