

Overview

2nd Annual Wadsworth Youth Triathlon (Wadsworth Y-Tri) will be held August 2nd, 2026 for ages 6-18-up to graduating seniors. Registration runs May 1st, 2026-July 17th, 2026. Registration price is \$40 for Members and \$55 for Non-Members.

Swim Test Required

Racers must show they have passed a YMCA approved swim test or one equivalent. YMCA Test: Jump in the deep end of the pool, Tread water for 30 seconds, Back float for 20 seconds, Swim the pool length, on front, correct form and breath control and exit the pool without using the ladder. All tasks must be performed without stopping, touching the wall or showing signs of struggle.

Age Divisions:

- 15-18 Years-up to graduating seniors
- 12-14 Years
- 9-11 Years
- 6-8 Years

Race Distances and times: (race times TBD)

Ages 15-18 Years

- Swim: 400 Yards
- Bike: 5 Miles
- Run: 2 Miles

Run: 1 Mile Ages 12-14 Years

- Swim: 200 Yards
- Bike: 3 Miles
- Run: 1 Mile

Ages 9-11 Years

- Swim: 100 Yards
- Bike: 2 Miles
- Run: .5 Miles

Ages 6-8 Years

- Swim: 25 Yards
- Bike: 1 Miles
- Run: .25 Miles

Course Description

Participants will start indoors in the Lap Pool transitioning through the Exit door on the pool deck (door 32), Bikes will be staged in the parking lot in front of the HS doors. The course will flow counterclockwise around the HS. The run course will follow the path Counterclockwise around the parking lots.

What To Bring

- Helmets 'not provided'-mandatory
- Swim Suit, Towel, Bike-non motorized, socks and shoes for Bike/Run
- Snacks, water, dinner -NEW* Food Truck Onsite
 - Please be aware of eating times prior to the start of your race. **In the event of vomit in the pool the pool will need to be shut down for cleaning and treatment that could last 30 min and delaying the event.**
- Optional: Goggles, Swim Cap, Shorts/Shirt for Bike/Run (please label all your belongings)

Guardian Assist Area-Wristband for Guardian and Racer required

Transitioning from the swim to the bike can be a little confusing for younger/new to triathlon kids, so the bike corral area will be where we will have all participants to stage everything they will need before getting on to their bike (see list above). One Guardian will be able to assist kids with drying off, getting socks/shoes/helmet on, and, of course, the all-important high fives! These guardians will be required to wear wrist bands to allow them to be on the pool deck and in the transition area with racers.

All portions of the course will be viewable from sidewalks or grassy areas. **FOR THE SAFETY OF ALL PARTICIPANTS, NO PARENTS/SPECTATORS WILL BE ALLOWED IN TRANSITION AREAS OR ON THE RACE COURSE AT ANY TIME.** Thank you in advance for your cooperation. (no one except racers and helper can be in transition areas, all other spectators need to be in designated viewing areas.)

	Arrival Times			Distances		
Age group	Packet pick up by	Bike drop off by	Race start time	Swim	Bike	Run
15-18	3:45 PM	4:00 PM	TBD	400 yards	5 miles	2 miles
12-14	3:45 PM	4:00 PM	TBD	200 yards	3 miles	1 mile
9-11	3:45 PM	4:00 PM	TBD	100 yards	2 miles	.5 miles
6-8	3:45 PM	4:00 PM	TBD	25 yards	1 mile	.25 miles

Packet Pickup

Packet pickup will be available Friday July 31 from 5:00 PM-7 PM and will begin at 3:00 PM on race day. Included in your bag will be a; Timing chip, 2 wrist bands (Guardian & Racer), shirt, bibs, zip ties, safety pins, stickers, temporary tattoo and more!

Body/bike Marking and Timing Chip

We encourage participants to use a permanent marker or grease pencil to make your upper arm with your bib number. Your bib can be placed on your shirt and bike handlebars to help locate it in the bike corral area.

Bike Check In

Bike check in will be from 3:00 pm -4:00 pm. Bikes will be separated by age category. One row of the parking lot will be assigned to an age group. Look for your bib number lot on the ground in front of the parking spaces to find where to place your bike. Be aware of other racers on the course to not interfere with their time. You may have to cross the course to get to and from the bike corral. Do not cut in front of a racer, **RACER HAS THE RIGHT AWAY**. Please consider having a kickstand on your bike to help limit the storage space needed for bikes.

Race Start

Please be on the Lap Pool deck 10-15 min prior to your race start time. Bleachers will be on the deck for racers and guardian helpers to stage. Racers will start one at a time and the next will follow 20-30 seconds after to keep a continuous line going. Depending on your swim speed you may pass someone or someone may pass you. Please be courteous to your fellow racers.

Race Finish/Awards

Everyone will receive a finishers medal, Awards will be given for the First, Second, Third place for Male and Female of each age grouping (6-8, 9-11, 12-14, 15-18). First, Second and Third place awards will be presented shortly after the last racer for that heat crosses the finish line. Waters, bananas and granola bars will be provided at the finish line.

Results will be sent to everyone's email, on the race website and displayed at the finish line.

Be safe, have fun, and good luck!

