

RIVERFRONT YMCA AQUATICS SCHEDULE

OCTOBER

EFFECTIVE 10/1-10/31



MONDAY

TIGERSHARK SWIM TEAM
(2 lanes), 2 Lap Lanes Open
6:00-7:00am

LAP SWIM (4 Lanes)
6:00-7:35am

Safety Break - 10 Minutes

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN Swim & 1 Lap Lane
8:40-9:30am

Swim Lessons
9:30-10:30am

No Open / Lap swim available during this time

OPEN Swim & 1 Lap Lane
10:30-12:00pm

POOL CLOSED
12:00-3:00pm

OPEN Swim & 1 Lap Lane
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

TIGERSHARK SWIM TEAM
6:00-7:30pm

POOL CLOSED
7:30pm

TUESDAY

TIGERSHARK SWIM TEAM
(2 lanes), 2 Lap Lanes Open
6:00-7:00am

LAP SWIM (4 Lanes)
6:00-7:00am

Safety Break - 10 Minutes

OPEN Swim & 1 Lap Lane
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-9:30am

Swim Lessons
9:30-10:30am

No Open / Lap swim available during this time

OPEN Swim & 1 Lap Lane
10:30-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

TIGERSHARK SWIM TEAM
6:00-7:30pm

POOL CLOSED
7:30pm

WEDNESDAY

TIGERSHARK SWIM TEAM
(2 lanes), 2 Lap Lanes Open
6:00-7:00am

LAP SWIM (4 Lanes)
6:00-7:35am

Safety Break - 10 Minutes

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN Swim & 1 Lap Lane
8:40-9:30am

Swim Lessons
9:30-10:30am

No Open / Lap swim available during this time

Safety Break - 10 Minutes

Aqua Barre
11:10-12:00pm

POOL CLOSED
12:00-3:00pm

OPEN Swim & 1 Lap Lane
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:45pm

POOL CLOSED
7:45pm

THURSDAY

TIGERSHARK SWIM TEAM
(2 lanes), 2 Lap Lanes Open
6:00-7:00am

LAP SWIM (4 Lanes)
6:00-7:00am

Safety Break - 10 Minutes

OPEN Swim & 1 Lap Lane
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-9:30am

Swim Lessons
9:30-10:30am

No Open / Lap swim available during this time

OPEN Swim & 1 Lap Lane
10:30-11:00am

POOL CLOSED
11:00-3:00pm

OPEN / LAP SWIM
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

TIGERSHARK SWIM TEAM
6:00-7:30pm

POOL CLOSED
7:30pm

FRIDAY

LAP SWIM (4 Lanes)
6:00-7:00am

Safety Break - 10 Minutes

7:10-7:45am

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN Swim & 1 Lap Lane
8:40-9:30am

Swim Lessons
9:30-10:30am

No Open / Lap swim available during this time

OPEN Swim & 1 Lap Lane
10:30-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:45pm

POOL CLOSED
7:45pm

SATURDAY

Swim Lessons
9:00-11:30am

No Open / Lap swim available during this time

Safety Break - 10 Minutes

OPEN SWIM & 1 Lap Lane
11:40-1:00pm

POOL CLOSED
1:00pm

SUNDAY

Swim Lessons
12:15-2:30pm

1 Lap Lane available during this time

Safety Break - 10 Minutes

OPEN SWIM & 1 Lap Lane
2:40-4:00pm

Safety Break - 10 Minutes

4:10-4:45pm

POOL CLOSED
4:45pm

NOTES:

No Open / Lap Swim during any of these programs:

Swim Team (PM)
Day Camp / Fun Days
Swim Lessons (AM & Saturday)
Aqua Aerobics / Barre
SAW (Safety Around Water)
Pool Parties / Rentals

Lap Lanes, Open Swim & Water Walking Policies

1-4 Lap lanes will be available by default throughout the week. We will have 4 lanes available on weekday mornings and 1 lane available at all other times that do not conflict with programs. We encourage swimmers to share lanes when it is crowded and circle swim. We may be able to accommodate a 2nd lap lane when needed, just ask the lifeguard on duty.

Open swim will occur in the other open spaces of the pool where there are no lap lanes.

Water walking along the full width of the pool is only allowed when there are no lap swimmers present. Once there is a lap swimmer swimming along the length of the pool, water walkers will need to stay in the open swim portion of the pool OR walk in a vertical lap lane.

10 minute safety break

at the top of each hour during open / lap swimming when there is only 1 lifeguard on duty. This does NOT apply to program times.

The lifeguard on duty reserves the right to forego safety breaks under special circumstances.

Thank you for helping us keep our pool, swimmers, and staff safe!

RIVERFRONT FAMILY YMCA
(330) 923-9622 akronymca.org

The YMCA strives to make programs and membership available to all. Financial assistance may be available to those who qualify.