



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# OPEN GYM SCHEDULE

OCTOBER 6, 2026 – OCTOBER 31, 2026

| Sunday                     | Monday                                            | Tuesday                                   | Wednesday                                                   | Thursday                                                     | Friday                                 | Saturday                        |
|----------------------------|---------------------------------------------------|-------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------|---------------------------------|
| Open Gym<br>12:00p–4:50p   | Open Gym<br>6:00a–8:45a                           | Men’s Basketball<br>5:45a–7:30a           | Open Gym<br>6:00a–8:45a                                     | Men’s Basketball<br>5:45a–7:30a                              | Men’s Basketball<br>5:45a–7:30a        | Men’s Basketball<br>7:00a–8:45a |
| Facility Closes<br>at 5 pm | Silver Sneakers<br>Advanced Yoga<br>9:00a–9:45a   | Open Gym<br>7:30a–8:45a                   | Senior Core<br>Conditioning<br>9:00a–9:45a                  | Open Gym<br>7:30a–8:45a                                      | Open Gym<br>7:30a–8:45a                | Taekwondo<br>9:00a–10:00a       |
|                            | Silver Sneakers<br>Beginner Yoga<br>10:00a–10:45a | Silver Sneakers<br>Classic<br>9:00a–9:45a | Line Dancing<br>10:00a–10:45a                               | Silver Sneakers<br>Classic<br>9:00a–9:45a                    | Silver Sneakers<br>Yoga<br>9:00a–9:45a | Open Gym<br>10:15p–4:50p        |
|                            | Open Gym<br>10:50a–12:15p                         | Bootcamp<br>10:00a–10:45a                 | Open Gym<br>10:50a–12:15p                                   | Wee Movement<br>10:00a–10:45a                                | Line Dancing<br>10:00a–10:45a          | Facility Closes<br>at 5 pm      |
|                            | Men’s Basketball<br>12:15p–2:00p                  | Open Gym<br>10:50a–11:10p                 | Men’s Basketball<br>12:15p–2:00p                            | Pickleball<br>11:15a–2:30p                                   | Open Gym<br>11:00a–12:15p              |                                 |
|                            | Open Gym<br>2:00p–2:45p                           | Preschool<br>11:15a–12:30p                | Open Gym<br>2:00p–4:50p                                     | Open Gym<br>2:30p–4:50p                                      | Men’s Basketball<br>12:15p–2:00p       |                                 |
|                            | ROTC<br>2:45p–4:00p                               | Pickleball<br>12:30p–2:30p                | Sporties 4<br>Shorties<br>&<br>Tiny Tumblers<br>5:00p–5:45p | Sporties 4<br>Shorties<br>&<br>Basic Tumbling<br>5:00p–5:45p | Open Gym<br>2:00p–7:50p                |                                 |
|                            | Open Gym<br>4:00p–8:50p                           | Open Gym<br>2:30p–4:50p                   | Men’s<br>Basketball<br>League<br>5:50p–9:00p                | Open Gym<br>5:50p–8:50p                                      | Facility Closes<br>at 8 pm             |                                 |
|                            | Facility Closes<br>at 9 pm                        | Basketball Clinic<br>5:00p–6:45p          |                                                             | Facility Closes<br>at 9 pm                                   |                                        |                                 |
|                            |                                                   | Open Gym<br>6:50p–8:50p                   | Facility Closes<br>at 9 pm                                  |                                                              |                                        |                                 |
|                            |                                                   | Facility Closes<br>at 9 pm                |                                                             |                                                              |                                        |                                 |

## GREEN FAMILY YMCA

3800 Massillon Rd,  
Uniontown, OH 44685  
(330) 899-9622

[akronymca.org](http://akronymca.org)

The Y strives to make  
programs and membership  
available to all. Financial  
assistance may be available  
to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

