RIVERFRONT YMCA AQUATICS SCHEDULE

OCTOBER
EFFECTIVE 10/1-10/31

the YMCA

MONDAY

TIGERSHARK SWIM TEAM (2 lanes), 2 Lap Lanes Open 6:00-7:00am
LAP SWIM (4 Lanes) 6:00-7:35am
Safety Break - 10 Minutes
Aqua Aerobics 7:45-8:30am
Safety Break - 10 Minutes
OPEN Swim & 1 Lap Lane 8:40-9:30am
Swim Lessons 9:30-10:30am
No Open / Lap swim available during this time
OPEN Swim & 1 Lap Lane 10:30-12:00pm
POOL CLOSED 12:00-3:00pm
OPEN Swim & 1 Lap Lane 3:00-4:00pm
Safety Break - 10 Minutes
4:10-5:00pm
Safety Break - 10 Minutes
5:10-6:00pm
TIGERSHARK SWIM TEAM 6:00-7:30pm
POOL CLOSED 7:30pm

TUESDAY

TIGERSHARK SWIM TEAM (2 lanes), 2 Lap Lanes Open 6:00-7:00am
LAP SWIM (4 Lanes) 6:00-7:00am
Safety Break - 10 Minutes
OPEN Swim & 1 Lap Lane 7:10-8:00am
Safety Break - 10 Minutes
8:10-9:00am
Safety Break - 10 Minutes
9:10-9:30am
Swim Lessons 9:30-10:30am
No Open / Lap swim available during this time
OPEN Swim & 1 Lap Lane 10:30-11:00am
POOL CLOSED 11:00-12:10pm
OPEN Swim & 1 Lap Lane
Safety Break - 10 Minutes
12:10-1:00pm
Safety Break - 10 Minutes
1:10-2:00pm
Safety Break - 10 Minutes
2:10-3:00pm
Safety Break - 10 Minutes
3:10-4:00pm
Safety Break - 10 Minutes
4:10-5:00pm
Safety Break - 10 Minutes
5:10-6:00pm
TIGERSHARK SWIM TEAM 6:00-7:30pm
POOL CLOSED 7:30pm

WEDNESDAY

TIGERSHARK SWIM TEAM (2 lanes), 2 Lap Lanes Open 6:00-7:00am
LAP SWIM (4 Lanes) 6:00-7:35am
Safety Break - 10 Minutes
Aqua Aerobics 7:45-8:30am
Safety Break - 10 Minutes
OPEN Swim & 1 Lap Lane 8:40-9:30am
Swim Lessons 9:30-11:00am
No Open / Lap swim available during this time
Safety Break - 10 Minutes
Aqua Barre 11:10-12:00pm
POOL CLOSED 12:00-3:00pm
OPEN Swim & 1 Lap Lane 3:00-4:00pm
Safety Break - 10 Minutes
4:10-5:00pm
Safety Break - 10 Minutes
5:10-6:00pm
Safety Break - 10 Minutes
6:10-7:00pm
Safety Break - 10 Minutes
7:10-7:45pm
POOL CLOSED 7:45pm

THURSDAY

TIGERSHARK SWIM TEAM (2 lanes), 2 Lap Lanes Open 6:00-7:00am
LAP SWIM (4 Lanes) 6:00-7:00am
Safety Break - 10 Minutes
OPEN Swim & 1 Lap Lane 7:10-8:00am
Safety Break - 10 Minutes
8:10-9:00am
Safety Break - 10 Minutes
9:10-9:30am
Swim Lessons 9:30-10:30am
No Open / Lap swim available during this time
OPEN Swim & 1 Lap Lane 10:30-11:00am
POOL CLOSED 11:00-3:00pm
OPEN / LAP SWIM 3:00-4:00pm
Safety Break - 10 Minutes
4:10-5:00pm
Safety Break - 10 Minutes
5:10-6:00pm
TIGERSHARK SWIM TEAM 6:00-7:30pm
POOL CLOSED 7:30pm

FRIDAY

LAP SWIM (4 Lanes) 6:00-7:00am
Safety Break - 10 Minutes
7:10-7:45am
Aqua Aerobics 7:45-8:30am
Safety Break - 10 Minutes
OPEN Swim & 1 Lap Lane 8:40-9:30am
Swim Lessons 9:30-10:30am
No Open / Lap swim available during this time
OPEN Swim & 1 Lap Lane 10:30-12:00pm
Safety Break - 10 Minutes
12:10-1:00pm
Safety Break - 10 Minutes
1:10-2:00pm
Safety Break - 10 Minutes
2:10-3:00pm
Safety Break - 10 Minutes
3:10-4:00pm
Safety Break - 10 Minutes
4:10-5:00pm
Safety Break - 10 Minutes
5:10-6:00pm
Safety Break - 10 Minutes
6:10-7:00pm
Safety Break - 10 Minutes
7:10-7:45pm
POOL CLOSED 7:45pm

SATURDAY

Swim Lessons 9:00-11:30am
No Open / lap swim available during this time
Safety Break - 10 Minutes
OPEN SWIM &1 Lap Lane 11:40-1:00pm
POOL CLOSED 1:00pm

SUNDAY

Swim Lessons 12:15-2:30pm
1 Lap lane available during this time
Safety Break - 10 Minutes
OPEN SWIM &1 Lap Lane 2:40-4:00pm
Safety Break - 10 Minutes
4:10-4:45pm
POOL CLOSED 4:45pm

NOTES:

No Open / Lap Swim during any of these programs:

- Swim Team (PM)
- Day Camp / Fun Days
- Swim Lessons (AM & Saturday)
- Aqua Aerobics / Barre
- SAW (Safety Around Water)
- Pool Parties / Rentals

Lap Lanes, Open Swim & Water Walking Policies

1-4 Lap lanes will be available by default throughout the week. We will have 4 lanes available on weekday mornings and 1 lane available at all other times that do not conflict with programs. We encourage swimmers to share lanes when it is crowded and circle swim. We may be able to accomdate a 2nd lap lane when needed, just ask the lifeguard on duty.

Open swim will occur in the other open spaces of the pool where there are no lap lanes.

Water walking along the full width of the pool is only allowed when there are no lap swimmers present. Once there is a lap swimmer swimming along the length of the pool, water walkers will need to stay in the open swim portion of the pool OR walk in a vertical lap lane.

10 minute safety break
at the top of each hour during open / lap swimming when there is only 1 lifeguard on duty. This does NOT apply to program times.
The lifeguard on duty reserves the right to forego safety breaks under special circumstances.
Thank you for helping us keep our pool, swimmers, and staff safe!

RIVERFRONT FAMILY YMCA
(330) 923-9622 akronymca.org

The YMCA strives to make programs and membership available to all. Financial assistance may be available to those who qualify.