FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN GYM SCHEDULE

NOVEMBER 1, 2026 – NOVEMBER 30, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 12:00p–4:50p	**Open Gym 6:00a–8:45a**	Men's Basketball 5:45a–730a	**Open Gym 6:00a–8:45a**	Men's Basketball 5:45a–7:30a	Men's Basketball 5:45a–7:30a	Men's Basketball 7:00a–8:45a
Facility Closes at 5 pm	Silver Sneakers Advanced Yoga 9:00a–9:45a	**Open Gym 7:30a–8:45a**	Senior Core Conditioning 9:00a–9:45a	**Open Gym 7:30a–8:45a**	**Open Gym 7:30a–8:45a**	Taekwondo 9:00a–10:00a
	Silver Sneakers Beginner Yoga 10:00a–10:45a	Silver Sneakers Classic 9:00a–9:45a	Line Dancing 10:00a–10:45a	Silver Sneakers Classic 9:00a–9:45a	Silver Sneakers Yoga 9:00a–9:45a	**Open Gym 10:15p–4:50p**
	Open Gym 10:50a–12:15p	Bootcamp 10:00a–10:45a	**Open Gym 10:50a–12:15p**	Wee Movement 10:00a–10:45a	Line Dancing 10:00a–10:45a	***Facility Closes at 5 pm***
	Men's Basketball 12:15p–2:00p	**Open Gym 10:50a–11:10p**	Men's Basketball 12:15p–2:00p	Pickleball 11:15a–2:30p	**Open Gym 11:00a–12:15p**	
	Open Gym 2:00p–2:45p	Preschool 11:15a–12:30p	**Open Gym 2:00p–4:50p**	**Open Gym 2:30p–4:50p**	Men's Basketball 12:15p–2:00p	
	ROTC 2:45p–4:00p	Pickleball 12:30p–2:30p	Sporties 4 Shorties & Tiny Tumblers 5:00p–5:45p	Sporties 4 Shorties & Basic Tumbling 5:00p–5:45p	**Open Gym 2:00p–7:50p**	
	Open Gym 4:00p–8:50p	**Open Gym 2:30p–4:50p**	**Men's Basketball League 5:50p–9:00p**	**Open Gym 5:50p–8:50p**	***Facility Closes at 8 pm***	
	Facility Closes at 9 pm	Basketball Clinic 5:00p–6:45p	***Facility Closes at 9 pm***	***Facility Closes at 9 pm***		
		Open Gym 6:50p–8:50p				
		Facility Closes at 9 pm				

GREEN FAMILY YMCA

3800 Massillon Rd,
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(330) 899-9622

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.