



AQUATICS SCHEDULE

SEPTEMBER 2019

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Special Announcement:

We appreciate your patience as we continue to wait to hear our shutdown date. We will provide updates and notify members as soon as information is available. Thank you for understanding.

MONDAY

Lap swim:
6:35—7:45am
10:30—11:15am
12:00—1:00pm
2:30—8:00pm
Notable activities:
Older Adult Water Exercise 7:45—8:30am
Preschool Lessons 9:00—10:30am
Arthritis Exercise 11:15am—12:00pm

Open swim:
10:30—11:15am
2:30—8:00pm

THURSDAY

Lap swim:
7:45—9:00am
10:00—1:30pm
4:00—8:00pm
Notable activities:
Preschool Lessons 9:00—10:00 am

Open swim:
4:00—8:00pm

TUESDAY

Lap swim:
7:45—9:00am
10:00—1:30pm
4:30—8:00pm
Notable activities:
Preschool Lessons 9:00—10:00 am

Open swim:
10:00—1:00pm
4:30—8:00pm

FRIDAY

Lap swim:
6:35—7:45am
10:15—11:15am
12:00—1:00pm
3:30—7:00pm
Notable activities:
Older Adult Water Exercise 7:45—8:30am
Preschool Lessons 9:00—10:00 am
Arthritis Exercise 11:15am—12:00pm

Open swim:
12:00—1:00pm
4:00—7:00pm

WEDNESDAY

Lap swim:
6:35—7:45am
10:30—11:15am
12:00—1:00pm
2:30—8:00pm
Notable activities:
Older Adult Water Exercise 7:45—8:30am
Preschool Lessons 9:00—10:30 am
Arthritis Exercise 11:15am—12:00pm

Open swim:
10:40—11:15am
6:45—8:00pm

SATURDAY

Lap swim:
12:00—3:30pm (1 lane)

Open swim:
12:00—3:30pm

SUNDAY

Lap swim:
12:15—4:00pm (1 lane)

Open swim:
12:15—4:00pm

akronymca.org

RIVERFRONT FAMILY YMCA (330) 923-9622

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!



The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.