



# HOLIDAY POOL SCHEDULE

December 24-January 5, 2019

**Open Swim and Lap Swim Schedule** (Swim Team Practices during open times are indicated below)

Monday December 23	Tuesday December 24	Wednesday December 25	Thursday December 26	Friday December 27	Saturday December 28	Sunday December 29
Rec: 10:00a-2:00p & 3:30p-8:30p Lap: 5:30a-2:30p & 5:30p-8:45p	Rec: 10:00a-12:30p Lap: 5:30a-12:45p	Pools Closed	Rec: 10:00a-2:00p & 3:30p-8:30p Lap: 5:30a-2:30p & 5:30p-8:45p	Rec: 10:00a-2:00p & 3:30p-8:30p Lap: 5:30a-2:30p & 5:30p-8:45p	Rec: 9:00a-5:30p Lap: 6:30a-5:45p	Rec: 12:00p-5:30p Lap: 12:00p-5:45p
Swim Team Practices with limited lane space available for others:						
High School: 7:00a-9:00a Waves: 6:00p-8:30p	High School: 7:00a-9:00a	Merry Christmas!	Waves: 6:00p-8:30p	High School: 7:00a-9:00a	High School: 6:30a-8:45a	
Monday December 30	Tuesday December 31	Wednesday January 1	Thursday January 2	Friday January 3	Saturday January 4	Sunday January 5
Rec: 10:00a-2:00p & 3:30p-8:30p Lap: 5:30a-2:30p & 5:30p-8:45p	Rec: 10:00a-12:30p Lap: 5:30a-12:45p	Pools Closed	Rec: 10:00a-2:00p & 3:30p-8:30p Lap: 5:30a-2:30p & 5:30p-8:45p	Rec: 10:00a-2:00p & 3:30p-8:30p Lap: 5:30a-2:30p & 5:30p-8:45p	Rec: 9:00a-5:30p Lap: 6:30a-5:45p	Rec: 12:00p-5:30p Lap: 12:00p-5:45p
Swim Team Practices with limited lane space available for others:						
7:00a-9:00a Waves: 6:00p-8:30p	High School: 7:00a-9:00a	Happy New Year!	Waves: 6:00p-8:30p	High School: 7:00a-9:00a	High School: 6:30a-7:45a	

## SAFE POOLS HAVE RULES

1. Swimming without a lifeguard is prohibited.
2. Prolonged breath-holding activities are not permitted in Y pools.
3. Keep all chairs in their proper locations and against the wall at all times.
4. Shower before you enter the pool.
5. Proper swimming attire must be worn.
6. Running on the deck, locker rooms, showers or hallways is not permitted.
7. Food & Drinks + pop, gum or candies are not permitted in Aquatics Center. NO GLASS!
8. Horseplay of any kind will not be tolerated.
9. Y equipment is reserved for instructor use.

10. Children age 6 and older may take a swim test – required to swim in deep end. Ages 1 through 12 are required to wear a swim band.
11. Dive only where permitted.
12. Hanging on the float lines, starting block or lap lanes is not permitted.
13. Starting blocks are only to be used with Y Coach/Instructor.
14. Enter water facing forward.
15. Persons with bandages, open cuts and wounds are not allowed in pool.
16. Inflatables, snorkel masks, mono-fins, cotton or loose clothing are prohibited.
17. The lifeguard's word is final.

## Age Policy

Children 5 & under must be accompanied by an adult into the pool. The adult must stay within arm's reach of the child at all times. Children 6-11 years old must have an adult present, on the pool deck or in the water with them, while swimming.

Thank you!

WADSWORTH YMCA  
623 School Drive  
Wadsworth, OH 44281  
P 330 334 9622 www.akronymca.org/Wadsworth/

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

